

KING CROSS PRACTICE – PATIENT PARTICIPATION GROUP (PPG)
Notes 26 September 2019

In Attendance:

[REDACTED]

[REDACTED]

[REDACTED]

Practice Staff: Heather Simpson, Practice Manager

Apologies:

[REDACTED]

NOTES FROM 23 MAY 2019 MEETING

The notes of the 23 May 2019 meeting were approved for accuracy.

ACTIONS UPDATE

On reviewing the actions it was noted that [REDACTED] had done a brilliant job of gathering raffle prizes for the Healthy Minds raffle. Heather has obtained some promotional materials from Healthy Minds which would be displayed in the surgery, particularly promoted at the Saturday flu clinics.

The letter to the CCG Director of Finance has been sent however discussions after this had stalled. Following discussion it was agreed that Heather would invite Neil Smurthwaite to the 28 November 2019 meeting to discuss spending against population needs in more detail.

ACTION: Heather to invite Mr Smurthwaite to the November meeting.

Heather apologised for not picking up the “15 Steps Challenge”.

ACTION: Heather would contact [REDACTED] and [REDACTED] to arrange this in the coming months.

CALDERDALE HEALTH FORUM

The minutes from the 11 June meeting had been shared with the agenda papers however it was noted that the minutes from 17 September had not yet been emailed.

Member discussed Primary Care Networks (PCNs) and Heather explained that Central PCN was exploring the possibility of a network-wide PPG. The benefits of sharing best practice were discussed so that all patients covered by the Network received good care and experiences. Members in attendance agreed that this would be welcomed.

Another topic covered at the meeting related to “barriers to effective PPGs”. Members reflected that they were happy with the running of the PPG as well as the openness of the discussions between them and the practice. They felt the information shared by the practice was very useful and that their relationship with practice enabled a two-way conversation, which was mutually helpful.

The next meeting would be held on 17 December 2019. Members are asked to attend where possible as [REDACTED] was now unable to go.

ACTION: Members asked to attend the Health Forum on 17 December to represent the practice.

PRIMARY CARE NETWORKS (PCNs) UPDATE

Heather provided an update on what had developed with PCNs since the last meeting. She explained that the 8 practices covered by the Central Halifax PCN would have access to a Social Prescriber Link Worker (SPLW) as well as a Clinical Pharmacist. The SPLW would support the social aspects of a patient’s needs by discussing these with

the patient and signposting them to an appropriate support organisation. It was very early days for this post so the role would develop over time. The Clinical Pharmacist would complement the practice team by seeing patients to carrying out medication reviews to help alleviate the pressure on GP appointments.

Running alongside PCNs was Central Halifax Wellbeing Hub (CHWH) which brought together health, social care and voluntary sector organisations together to discuss the needs of the population. A number of projects were underway to understand why patients in Central Halifax were more at risk of developing cancer and childhood obesity – Central Halifax was an outlier in both compare to other networks in Calderdale. Multi-disciplinary team (MDT) meetings had been set up to start these discussions which would look at prevention as well as care once the condition had developed.

Another project that CHWH was focusing on was physical activity. Heather explained that Active Calderdale had been promoting this and services would be established for patients who currently did less than 30 minutes of physical activity per week.

To help support Active Calderdale, the practice was now a “Park Run Practice” and would be supporting the Practice Park Run on Saturday 28 September. Park Runs were a volunteer led activity held each Saturday and Sunday morning at 9am at Shroggs Park in Halifax as well as parks in Brighouse and Todmorden. Saturday mornings were for all ages and covered 5k with Sundays mornings being for under 14s which was 2k. Patients can register for free to take part in Park Run at <https://www.parkrun.org.uk/register/> Heather stressed that people could walk, jog or run as this was a social event for all abilities. People could also volunteer, if they preferred.

FLU CLINICS AND FUNDRAISING

Heather confirmed the Saturday flu clinics taking place on

- 28 September
- 12 October
- 9 November

The PPG were kindly running a bake sale and raffle in aid of Healthy Minds Charity and there would also be “Calderdale Conversations” happening in the foyer. Heather explained some of the behind the scenes work that was going into the running of the clinics as well as some delays to the delivery of the flu vaccinations themselves. Both the September and October clinics were full with clinics added Monday to Friday to meet demand.

FRIENDS AND FAMILY TEST: MARCH – AUGUST 2019

Heather shared the statistics for the six months which confirmed that 95.9% of patients would recommend the surgery to their friends or family. Verbatim comments were also reviewed and members reflected that they were mainly good and constructive comments. Members mirrored these positive results with their own experience. Heather reiterated that the comments were circulated within the practice team and had a positive effect.

“YOUR SPACE” (HEALTH FORUM AGENDA ITEMS IDEAS)

No items were raised under this agenda item although Heather suggested it may be useful to understand how different surgeries ran their flu campaigns.

ANY OTHER BUSINESS

No items were raised under this section of the agenda.

DATE AND TIME OF NEXT MEETING

The next meeting would be held on Thursday 28 November 2019 at 4pm.